

MROS
NFHS Rules Refresher
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1. Prior to the delivery of the pitch the pitcher shall take a position with the pivot foot partially on the top of the surface of the pitcher's plate. The non contact foot may be either in front of or on the pitcher's plate. Incorrect 6.1.1
2. Prior to the pitch the hands may be either together or apart. If the hands are apart the ball may be in either the glove or the opposite hand. Incorrect 6.1.1a
3. If the pitcher has tape on the contact points of her fingers it is legal as long as the color of the tape is not distracting to the batter. Incorrect 6.2.2
4. The pitcher has 20 seconds, once the batter steps into the batter's box to release the next pitch. Incorrect 6.2.3
5. A pitcher that is removed, under normal conditions, from the pitching position and returns to the pitching later in the same half inning may be awarded no more than three warm up pitches. Incorrect 6.2.5 note
6. The catcher shall have at least one foot entirely within the catcher's box prior to the release of the pitch. Incorrect 6.3.1
7. If the ball slips from the pitcher's hand during the forward motion of the pitching arm it is considered to be a pitch. If the arm is moving backward, the ball remains alive but is not considered to be a pitch. Incorrect 6.2.6
8. If the runner leaves a base prior to the release of the ball by the pitcher, the umpire shall indicate a "delayed dead ball" . The pitcher shall be allowed to complete the pitching motion and the defensive coach shall be allowed to take the result of the play. Example: if in the above play the pitch results in a called third strike and the runner is thrown out. Both outs would stand. Incorrect 6.2.4c
9. The one minute time period for the pitcher to warm up begins when she picks the ball up to start her 5 warm or less warm up pitches. Incorrect 6.2.5
10. The pitcher throws two warm up pitches and request that the ball being used be switched. The umpire should grant the pitcher's request to be granted. Incorrect 6.5.1
11. The batter has ten seconds to return to the batter's box following the end of the last pitch. Incorrect 7.3.1
12. The next batter may use the on deck circle on either side of the field. By rule they shall remain in the selected circle until they become a batter or to direct a runner that is advancing from third base to home plate. Incorrect 7.5.1
13. A batter must make an honest attempt to avoid being struck by a pitch, even when the pitch is completely within the boundaries of the batters box. Incorrect 7.3.2
14. Following a dead ball situation the ball becomes alive when the pitcher takes the pitching position with one foot on the pitcher's plate. Incorrect 5.1.4
15. The ball becomes dead immediately when an infielder intentionally drops a fair fly, fair line drive or fair bunt in flight with at least first base occupied and with less than two outs. Correct 5.1.note L

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